# COLLAGEN LIFTTM PROFESSIONAL

## Aftercare Advice

We recommend that you adhere to the following advice after Collagen Lift treatment:

For 12 Hours: Do not wear heavy makeup.

For 24 Hours: No swimming or facial waxing. No exercise.

For 48 Hours:

No sauna, sun beds or sun exposure. No botox, collagen injections or dermal fillers.

### For 72 Hours:

Do not use any anti-ageing creams, AHA's, glycolics, retinol or exfoliating products.

#### At all times

During a course of Collagen Lift™

SPF 15 minimum must be applied and exposure
to UV should be avoided.

Regular moisturiser applications are vital to replenish moisture and prevent the skin from becoming dry and peeling.

Drink plenty of water before and after treatments.

### Be aware..

If skin feels hot, splash with cold water, pat dry and moisturise regularly with a gentle, hydrating moisturiser.

Skin may appear red after treatment, especially if it is your first. This is perfectly normal and any redness will generally subside within 72 hours.