



IPL Skin Treatments

BEFORE THE TREATMENT

Medication –

There are many drugs that are contra indications to IPL therapy. They can be over the counter drugs, prescribed drugs or herbal remedies.

1. Photosensitising drugs that are Contra indications to light therapy:

- a. drugs causing a marked whole body sensitivity - wait six months following last dose
- b. Drugs causing marked localised light sensitivity - wait six weeks after last dose.

2. Other drugs that might cause photosensitivity

- a. Amioderone - risk of hyperpigmentation
- b. Minocycline (Minocin) Risk of hyperpigmentation. Wait at least six weeks after last dose
- c. St Johns Wort or Fever few - risk of photosensitivity. Wait at least four weeks after last dose
- d. If taking other medications or herbal remedies a Patch Test should be carried out seven days before the treatment and in the in the case of vascular or pigmented treatments, the Patch Test should be four to six weeks.

3. Drugs which might affect the healing of treated areas

- a. Oral retinoids - wait six months after completion of the drug course, these include Isotretinoin (Roaccutane), Acitretin (Neotigason), Alitretinoin (Toctino)
- b. Topical retinoids - stop use two weeks prior to the IPL skin treatment and recommence after treated area has completely healed following the course of treatments. e.g Tretinoin (Retin A, Aknemycin Plus), Isotretinoin (Isotrexin) & Adapalene (Differin)
- c. Oral steroids - wound healing impairment is dependent on potency, dose and duration of use. It is advisable to obtain a letter confirming it is safe to proceed with treatment. Where possible wait until six weeks after last dose before commencing a IPL Skin Treatment. Medication should be avoided until the area being treated is completely healed following a course of IPL therapy
- d. Topical steroids - wound healing impairment is dependent on potency, dose and duration of use. It is advisable to obtain a letter confirming it is safe to proceed with treatment . Where possible wait one week after last dose before commencing and IPL skin treatment. Medication should be avoided until the area being treated is completely healed following a course of IPL therapy

Disclaimer - this document should not be considered as an exclusive list of drugs that may interact with IPL or e-light treatments . It does not replace any advice or instruction issued by a registered medical practitioner, pharmacist or other registered health professional. The information provided is without any impaired warranty of fitness for any purpose or use whatsoever.